



Carpinteria Education Foundation presents the 18th Annual

Orchard to Ocean Run

5K and 10K Cross Country Run

1 Mile Fun Run/Walk

To benefit the Students of the Carpinteria Unified School District
In the Beautiful Beach Community of Carpinteria, California!



Rain or Shine

Saturday, March 20, 2010

Race Features:

- Awards for top (3) male & female 5K & 10K finishers in all age groups
- Completion Ribbons for all 1 mile runners
- Custom T-Shirt
- Incredible Refreshments
- Automatic Entry into Raffle — Great Prizes!
- Entertainment, Fun, Fresh Air & Exercise!

Times:

- 7:00 a.m. Late Registration Opens
 - 8:00 a.m. 10K Start
 - 9:15 a.m. 5K Start
 - 10:00 a.m. 1 Mile Start - Carpinteria Middle School Track
- Awards Ceremony following Finish of 10K & 5K

Course:

Picturesque course through Carpinteria downhill to the beautiful Carpinteria Bluffs overlooking the Pacific Ocean and returning to Main Family Resource Center of Carpinteria. (formerly Main School)

Mail entry postmarked by 3/16/10 with checks payable to: **CEF/Orchard to Ocean**

SB TIMING LLC
4534B Auhay Drive, Santa Barbara, CA 93110

Location for Start/Finish

Main Family Resource Center of Carpinteria
(formerly Main School)
5201 8th Street, Carpinteria, CA

North & South bound 101 freeway, exit at Casitas Pass Road. Turn south toward the ocean on Palm Ave. 1/4 mile to Main Center.

For Race Information: Call 805-722-5909

NOW ELECTRONICALLY CHIP TIMED!

OUR SPONSORS TO DATE:



2010 ORCHARD to OCEAN RUN - ENTRY FORM Copies are acceptable, please PRINT OR TYPE REGISTER ONLINE — www.active.com

Last Name _____ First Name _____

Address _____

City _____ State/Zip Code _____

Area Code/Phone- Evenings _____ Age on 3/20/10 _____ Date of Birth _____ Sex _____

WAIVER: THIS WAIVER CONTAINS A LIMITATION OF YOUR LEGAL RIGHTS. PLEASE READ AND SIGN
In consideration of the entry acceptance for the ORCHARD TO OCEAN RUN being held on March 20, 2010, I hereby for myself, my heirs, executors and administrators, waive any and all claims for damages I may have against the City of Carpinteria, the County of Santa Barbara, the State of California, the Carpinteria Unified School District, Sponsors, or any individuals associated with this event. I certify that I am in good condition and am able to compete in this event. I will permit the use of my name and pictures in telecasts, broadcasts, papers, etc. I understand that the entry fee is NON-REFUNDABLE. I have read the entry information for this event and certify my compliance by my signature below. Race officials may authorize emergency treatment if necessary.

Signature of Participant _____ Date _____

IF PARTICIPANT IS UNDER 18:
This is to certify that I have read this waiver and that my child has my permission to participate in this event and is in good physical condition. Race officials have my permission to authorize emergency treatment if necessary.

Signature of Parent/Guardian of Child Participating _____ Date _____

(for official use only) _____

RACE:
 10K 5K Both 10 & 5K 1MI

T-SHIRT SIZE: (please circle)
Adult: S M L XL
Youth: S M L

Note: We cannot guarantee sizes for late entrants, youth sizes subject to availability.

FEES: 5K or 10K (includes T-shirt)

	by 3/5	by 3/15	after 3/15
General	\$20.00	\$25.00	\$30.00
Carpinteria Student	\$10.00	\$10.00	\$10.00

School Name: _____

1 Mile Fun Run

With T-Shirt	\$10.00	\$10.00
Without Shirt	\$ 3.00	\$ 3.00

TOTAL ENCLOSED \$ _____
Make checks postmarked by 3/16/10 payable to: CEF/Orchard to Ocean
Please return to:
SB TIMING LLC
4534 B Auhay Drive, Santa Barbara, CA 93110